

Covenant Schools of Rio Rancho

February 2024 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1				1	2
Breakfast				Bagels, Jelly, & Milk	Blueberry Oatmeal, & Milk
AM Snack				Cheese & Crackers	Carrot Sticks & Ranch
LUNCH				Sloppy Joes, Chips, Pickles, & Milk	Tater Tot Casserole w/ Mixed Veggies, Fruit, & Milk
PM Snack				Applesauce & Animal Crackers	Oranges & Pretzels
WEEK 2	5	6	7	8	9
Breakfast	Waffles, Fruit, & Milk	Blueberry Muffins & Milk	Cereal, Bananas, & Milk	Bagels, Jelly, & Milk	Cream of Wheat, Fruit, & Milk
AM Snack	Pretzels & Blueberries	Carrot Sticks & Hummus	Fresh Berries & Grahams	Bananas & Animal Crackers	Cauliflower & Ranch
LUNCH	Cheesy Broccoli & Potato Soup with Turkey, Fruit, & Milk	Posole with Pork, Tortillas, Fruit, & Milk	Fettuccine Alfredo , Peas, Fruit & Milk	Beef Stroganoff, Peas, Fruit & Milk	Mini Pepperoni Pizzas , Salad, Fruit & Milk
PM Snack	Sliced Oranges & Goldfish	Tortilla Chips & Avocado	Cauliflower & Hummus	Carrot Sticks & Pretzels	Yogurt & Animal Crackers
WEEK 3	12	13	14	15	16
Breakfast	English Muffins, Jelly, & Milk	Cereal, Bananas, & Milk	Cinnamon Toast, Fruit, & Milk	Pancakes, Blueberries, & Milk	Egg Cups, Fruit, & Milk
AM Snack	Goldfish & Oranges	Fresh Fruit & Animal Crackers	Cheese & Pretzels	Yogurt & Graham Crackers	Carrot Sticks & Ranch
LUNCH	Cajun Sausage & Red Bean Soup w/ Rice, Fruit, & Milk	Turkey & Cheddar Cheese Sandwiches, Chips, Pickles, & Milk	Green Chile Chicken Soup, Tortillas, Fruit, & Milk	Teriyaki Chicken with Rice, Broccoli, Fruit & Milk	Vegetable Barley Soup, Fruit, & Milk
PM Snack	Tortillas & Cheese	Jell-O with Fruit	Goldfish & Juice	Cheese & Saltines	Bananas & Vanilla Wafers
WEEK 4	19	20	21	22	23
Breakfast	Closed	Bagels, Jelly, & Milk	Assorted Muffins , Bananas, & Milk	Cream of Wheat, Fruit, & Milk	Waffles, Fruit, & Milk
AM Snack	For	Goldfish & Oranges	Bananas & Graham Crackers	Fresh Berries & Crackers	Peaches & Saltines
LUNCH	Presidents	Zuppa Toscana, Saltines, Fruit, & Milk	Macaroni & Cheese, BBQ Pork, Peas, & Milk	Bean & Cheese Tacos with Avocados, Fruit Corn, & Milk	Chicken Noodle Soup with Mixed Veggies, Crackers Fruit, & Milk
PM Snack	Day!	Carrot Sticks & Crackers	Applesauce & Animal Crackers	Cheese & Pretzels	Fresh Veggies & Ranch
WEEK 5	26	27	28	29	
Breakfast	Cereal, Bananas, & Milk	Blueberry Oatmeal, & Milk	Biscuits, Jelly, & Milk		National Holidays:
AM Snack	Yogurt & Pretzels	Carrot Sticks & Hummus	Broccoli & Hummus		2: Tater Tot Day 7: Fettuccine Alfredo Day
Lunch	Meatballs with Brown Gravy, Mashed Potatoes, Fruit, & Milk	Spaghetti in Marinara Sauce, Salad, Fruit & Milk	Chicken & Rice Soup, Mixed Veggies, Fruit, & Milk		9: Pizza Day 13: Cheddar Day 21: Muffin Day
PM Snack	Applesauce & Graham Crackers	Strawberries & Saltines	Bananas & Vanilla Wafers		27: Strawberry Day

