COVENANT SCHOOLS DEL NORTE,L.L.C. June 2023 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	3	4	5	6	7
Breakfast	Egg Burritos & Milk	Cereal, Fruit & Milk	Waffles & Milk	Yogurt w/Granola & Milk	Cheese Toast, Oj & Milk
AM Snack	Applesauce & Grahams	Tortilla & Jelly	Cantaloupe & Goldfish	Raisins & Dried Apples	Yogurt & Blueberries
Lunch	Baked Potato Soup, Garlic Bread, Fruit & Milk	Pulled Pork Sandwiches, Chips, Fruit & Milk	Ravioli, Green Beans, Fruit & Milk	Chicken Salad Sandwiches, Carrot Sticks, Fruit & Milk	Tacos, Spanish Rice, Fruit & Milk
PM Snack	Ambrosia Salad	Cheese & Saltines	Veggies & Dip	Applesauce Muffins & Milk	Pretzel's w/Hummus
Week 2	10	11	12	13	14
Breakfast	Cream of Wheat, Fruit & Milk	Hashbrowns, Fruit & Milk	English Muffins w/Jelly & Milk	Pancakes & Milk	Oatmeal, Strawberries & Milk
AM Snack	Cheerios & Watermelon	Pretzels & String Cheese	Apples & Caramel	Sunflower Butter & Grahams	Veggie Straws & Pineapple
Lunch	Chicken Fried Rice, <mark>Egg</mark> <mark>Rolls,</mark> Fruit & Milk	Strawberry Spinach Salad w/Chicken, Crackers & Milk	Meatballs, Mashed Potatoes, Apples & Milk	Green Chile Enchiladas, Beans, Bananas & Milk	Homemade Cheese Pizza, Salad, Oranges & Milk
PM Snack	Power Bites w/Coconut	Bell Peppers & Ranch	Tortillas & Cheese	Mango & Pretzels	Trail Mix & Juice
Week 3	17	18	19	20	21
Breakfast	Sausage, Tortilla & Milk	French Toast & Milk	Yogurt, Fruit & Milk	Cereal, Apples & Milk	Cream of Wheat & Milk
AM Snack	Rice Cakes & Cheese	Applesauce & Ritz	Cinnamon Toast & Apple Juice	Dried Strawberry Trail Mix w/Yogurt Bites	Grahams & Apples
Lunch	Ham Scalloped Potatoes w/Cheese, Broccoli, Fruit & Milk	Hamburgers, French Fries, Fruit & Milk	Baked Ziti, Green Beans, Apples, Milk	Bean Burritos, Spanish Rice, Fruit & Milk	Spaghetti, Bread Sticks, Peas & Milk
PM Snack	Bananas & Cucumbers	String Cheese & Carrots	Homemade Cheerio Bars	Cheez Itz & OJ	Pineapple & Bunny Grahams
Week 4	24	25	26	27	28
Breakfast	French Toast & Milk	Biscuits, Sausage & Milk	Cereal, Bananas & Milk	Cinnamon Toast & Milk	Waffles & Milk
AM Snack	Cinnamon Rasin Bread & Milk	Oranges & Grahams	Quesadillas	Peaches & Pirates Booty	Apple "Donuts"
Lunch	Tater Tot Casserole, Watermellon, Saltines & Milk	Corn Dogs, Green Beans, Pineapple & Milk	Sloppy Joes, Tater Tots, Fruit & Milk	Chicken Patties, Mashed potatoes, Fruit & Milk	Tex-Mex Chicken Salad, Ritz, Oranges & Milk
PM Snack	Mini Bagels w/Cream Cheese	Fruit Leather	Celery Sticks, Bell Peppers & Hummus	Bananas & Crackers	Snap Peas & Pears

^{*}Highlighted days indicate national holidays