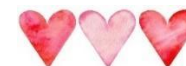




COVENANT SCHOOLS DEL NORTE
February 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1				1	2
Breakfast			Highlighted	Pancakes & Milk	English Muffins w/Jelly & Fruit
AM Snack			Items	Sun Butter & Grahams	Cheerios & Mandarin
Lunch			Are In Celebration Of	Diced Potato Soup, Garlic Bread, Fruit & Milk	Chicken Patties, Mashed Potatoes w/ Gravy, Fruit & Milk
PM Snack			National Days	Trail mix	Crackers & Raisins
Week 2	5	6	7	8	9
Breakfast	Cheese Toast, Fruit & Milk	French Toast & Milk	Oatmeal, Bananas & Milk	Breakfast Burritos & Milk	Waffles & Milk
AM Snack	Yogurt, Blueberries & Granola	Muffins & Milk	Nutri-grain Bars & Bananas	Granola Bars & Orange Juice	Mandarin Oranges & Animal Crackers
Lunch	Enchilada, Rice & Bean, Fruit & Milk	Italian Pasta Salad, Crackers, Apples & Milk	Fish Fillets, Green Beans, Fruit & Milk	Chicken & Rice Casserole, Peas, Fruit & Milk	Green Chile Stew, Tortillas, Oranges & Milk
PM Snack	Pita & Hummus	Tortillas & Sun Butter	Cinnamon Tortilla Roll Ups	Strawberries & Vanilla Wafers	Goldfish & Apples
Week 3	12	13	14	15	16
Breakfast	Cereal, Fruit & Milk	Pancakes & Milk	Toast w/ Jelly, Bananas & Milk	Cream of Wheat & Milk	Bagels w/ Cream Cheese & Milk
AM Snack	Dried Apples & Lemonade	Teddy Grahams & Milk	Yogurt & Grahams	Goldfish & Bananas	Peaches & Saltines
Lunch	Hawaiian Meatballs, Rice, Fruit & Milk	Quesadilla, Corn, Fruit & Milk	Chicken Salad, Tater Tots, Fruit & Milk	Hamburgers, Tater Tots, Fruit & Milk	Milestone Soup, Saltines, Oranges & Milk
PM Snack	Banana Muffins & Milk	Carrot Sticks & Hummus	Cheese & Townhouse Crackers	Chex Mix & Dried Cranberries	Pineapple & Cheez-Itz
Week 4	19	20	21	22	23
Breakfast	CLOSED	Cereal, Bananas & Milk	Waffles & Milk	Cinnamon Toast & Milk	Oatmeal & Milk
AM Snack	For	Tortilla Rollups	Salami & Crackers	Rice Cakes & Peaches	Ritz & Cheese Cubes
Lunch	PRESIDENTS	Chicken Nuggets, Carrots, Fruit & Milk	Broccoli Cheddar Soup, Saltines, Apples & Milk	Chili, Cornbread, Fruit & Milk	Chicken Sandwiches, Mixed Veggies, Fruit & Milk
PM Snack	DAY!	String Cheese & Pretzels	Trail Mix & Apple Juice	Veggie Straws	Animal Crackers & Apples
Week 5	26	27	28	29	
Breakfast	Yogurt, Strawberries & Milk	Hashbrowns & Milk	Sausage, Tortilla & Milk	Toast w/Jelly & Milk	
AM Snack	Seaweed & Oranges	Applesauce & Ritz	Celery & Cream Cheese	Pineapple & Croissant	
Lunch	Bean Burritos, Spanish Rice, Pears & Milk	Chicken Stir Fry, Bread w/Butter, Fruit & Milk	Spaghetti w/Meat sauce, Green Beans, Breadsticks & Milk	Frito Pie, Salad, Oranges & Milk	
PM Snack	Rice Krispy Treats	Strawberries & Grahams	Cucumbers & Ranch	Bananas & Saltines	