



COVENANT SCHOOLS DEL NORTE, L.L.C.
December 2016

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1				1	2
Breakfast		Highlighted Items are in Celebration of National Days!		Pancakes w/syrup, Fruit & Milk	Cereal, Juice & Milk
AM Snack				Goldfish & Juice	Carrot & Saltines
Lunch				Turkey Enchiladas, Pears, Pinto Beans & Milk	Frito Pie, Salad, Fruit & Milk
PM Snack				Trail Mix & Juice	Pudding & Bananas
Week 2	5	6	7	8	9
Breakfast	Cream of Wheat, Juice & Milk	French Toast Sticks w/syrup, Bananas & Milk	Bagels w/cream cheese, Oranges & Milk	Cereal, Juice & Milk	Oatmeal, Fruit & Milk
AM Snack	Yogurt & Animal Crackers	Oranges & Pretzels	Grahams & Milk	Cheese & Crackers	Applesauce & ABC Crackers
Lunch	Stir Fry, Fruit, Rice & Milk	WOW Butter & Jelly Sandwiches, Chips, Fruit & Milk	Tuna Casserole, Green Beans, Fruit & Milk	BBQ Chicken Sandwiches, Tator Tots, Beans & Milk	Tacos, Spanish Rice, Fruit & Milk
PM Snack	Tortillas w/ Jelly	Fruit & Crackers	Veggies w/ Dip	Brownies & Milk	Trail Mix & Juice
Week 3	12	13	14	15	16
Breakfast	Pancakes w/ syrup, Fruit & Milk	Cereal, Bananas & Milk	Biscuits w/ Jelly, Apples & Milk	Hot Cereal, Fruit & Milk	Waffles w/syrup, Juice & Milk
AM Snack	Tortillas w/ Jelly	Apples & WOW Butter	Cheez Itz & Yogurt	Fruit & Crackers	Bananas & Crackers
Lunch	Salsbury Steak, Tator Tots, Fruit & Juice	Green Chile Stew, Tortillas, Fruit & Milk	Ravioli, Green Beans, Fruit & Milk	Bake Potato Soup, Veggies, Saltines, Fruit & Milk	Grilled Cheese Sandwiches, Chips, Fruit & Milk
PM Snack	Fruit & Crackers	Pudding & Vanilla Wafers	Celery & Ranch	Trail Mix & Juice	Oranges & Pretzels
Week 4	19	20	21	22	23
Breakfast	Hot Cereal, Juice & Mix	Cereal w/ syrup, Fruit & Milk	Cream of Wheat, Apples & Milk	Waffles w/syrup, Fruit & Milk	NO SCHOOL
AM Snack	String Cheese & Pretzels	Oranges & TH Crackers	Animal Crackers & Milk	Cheese & Crackers	CHRISTMAS
Lunch	Cheese Pizza, Fruit & Milk	Chef Salad, Croutons, Fruit & Milk	Corn Dogs, Cucumbers w/Dip, Fruit & Milk	Chicken Patties, Mashed Potatoes w/ Gravy, Salad & Milk	BREAK!
PM Snack	Oatmeal Cookies & Milk	Muffins & Milk	Tortillas & Cheese	Apples & WOW Butter	
Week 5	26	27	28	29	30
Breakfast	NO SCHOOL	Biscuits w/Jelly, Fruit & Milk	Cereal, Fruit & Milk	Pancakes, w/syrup, Juice & Milk	Breakfast Casserole w/ Bacon , Juice & Milk
AM Snack	CHRISTMAS	Toast w/ Cheese & Juice	Yogurt & Animal Crackers	Goldfish & Apples	Crackers & Fruit
Lunch	BREAK!	Meatballs w/Gravy, Mashed Potatoes, Fruit & Milk	Turkey Sandwiches, Potato Chips, Fruit & Milk	Chicken Nuggets, Green Beans, Fruit & Milk	Quesadillas, Cucumbers w/Dip, Fruit & Milk
PM Snack		Cookies & Milk	Cucumbers w/Ranch	Applesauce & Cheeze Itz	Celery w/ WOW Butter