



# COVENANT SCHOOLS DEL NORTE

## March 2015 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Breakfast	Cereal, Juice & Milk	Egg Burritos, Fruit & Milk	<u>Pancakes</u> w/ Syrup, Juice & Milk	Hot Cereal, Fruit & Milk	Bagels w/ Cream Cheese, Juice & Milk
AM Snack	Tortillas & Cheese	Yogurt & Grahams	Fruit & Crackers	Cinnamon Biscuits & Juice	String Cheese & Crackers
Lunch	Chicken & Rice Casserole, Green Beans, Fruit & Milk	<u>Turkey</u> Sandwiches, Tator Tots, Fruit & Milk	Beef-a-Roni, Corn, Fruit & Milk	Bean Burritos w/ Cheese & Salsa, Salad, Fruit & Milk	Chicken w/ Oriental Veggies, Rice, Fruit & Milk
PM Snack	Animal Crackers & Milk	Veggie Sticks & Crackers	WOW Butter & Fruit	Fruit & Crackers	<u>Oreo Cookies</u> & Milk
<b>Week 2</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Breakfast	Egg Burritos, Juice & Milk	Cereal, Juice & Milk	<u>Waffles</u> , Fruit & Milk	Bagels, Fruit & Milk	Hot Cereal, Juice & Milk
AM Snack	Yogurt & Grahams	Fruit & Crackers	Cheese & Pretzels	Goldfish & Juice	Grahams & Milk
Lunch	<u>Meatballs</u> w/ Gravy, Rice, Green Beans, Fruit & Milk	Cheese Pizza, Salad, Fruit & Milk	Spanish Rice, Corn, Fruit & Milk	Tomato Soup, Cheese Sandwich, Fruit & Milk	Chicken Nuggets, Salad, Fruit & Milk
PM Snack	Cheese & Crackers	Cookies & Milk	Trail Mix & Juice	Tortillas w/ Raspberry Cream Cheese	Veggies w/ Dip & Crackers
<b>Week 3</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Breakfast	French Toast Sticks w/ Syrup, Fruit & Milk	Cereal, Juice & Milk	Hot Cereal, Juice & Milk	Bagels, Fruit & Milk	Egg Burritos, Juice & Milk
AM Snack	Fruit & Crackers	Cheese Toast & Juice	Yogurt & Grahams	Pretzels & Juice	Cinnamon Toast & Milk
Lunch	Chili Beans, Corn Bread, Salad, Fruit & Milk	Spaghetti w/ Meat Sauce, Corn, Fruit & Milk	Quesadillas, Cucumbers, Fruit & Milk	Frito Pie, Salad, Fruit & Milk	Chicken Noodle Soup, Crackers, Fruit & Milk
PM Snack	Veggies w/ Dip & Crackers	Trail Mix & Juice	<u>Oatmeal Cookies</u> & Milk	Tortillas w/ WOW Butter	Fruit & Crackers
<b>Week 4</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Breakfast	Bagels, Juice & Milk	Pancakes, Fruit & Milk	Cereal, Juice & Milk	Egg Burritos, Fruit & Milk	Hot Cereal, Juice & Milk
AM Snack	Fruit & Crackers	Cinnamon Toast & Juice	String Cheese & Pretzels	Fruit & Crackers	Tortillas w/ WOW Butter
Lunch	Macaroni~n~Cheese, Green Beans, Fruit & Milk	Taco Salad, Tortilla, Fruit & Milk	Fish Fillets, Corn, Fruit & Milk	Chefs Salad w/ Crackers, Fruit & Milk	Sloppy Joes, Tator Tots, Fruit & Milk
PM Snack	<u>Chips w/ Bean Dip</u> & Lemonade	Trail Mix & Juice	Veggies w/ Dip & Crackers	Muffins & Milk	Cheese & Crackers
<b>Week 5</b>	<b>30</b>	<b>31</b>			
Breakfast	Cereal, Juice & Milk	Bagels, Fruit & Milk			
AM Snack	Yogurt & Grahams	Goldfish & Juice			
Lunch	Green Chili Stew w/ Tortillas, Fruit & Milk	Mini Corn Dogs, Cucumbers, Fruit & Milk			
PM Snack	Cookies & Milk	Fruit & Crackers			

Underlined Words are in Celebration of National Days!!