



## COVENANT SCHOOLS DEL NORTE, FEBRUARY 2015 MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	2	3	4	5	6
<b>Breakfast</b>	Cereal, Juice & Milk	French Toast Sticks w/ Syrup, Fruit & Milk	Bagels w/ Cream Cheese, Juice & Milk	Hot Cereal, Fruit & Milk	Egg Burritos, Juice & Milk
<b>AM Snack</b>	Fruit & Crackers	Cheese & Tortillas	Yogurt & Grahams	Gold Fish & Juice	Grahams & Milk
<b>Lunch</b>	Beans, Cheese Burritos, Salad, Fruit & Milk	Spanish Rice, Corn, Fruit & Milk	Tomato Soup, Cheese Sandwich, Fruit & Milk	Potato Beef Veggie Soup, Biscuits, Fruit & Milk	Chicken & Rice Casserole, Green Beans, Fruit & Milk
<b>PM Snack</b>	Cheese & Pretzels	Muffins & Milk	Trail Mix & Juice	Fruit & Crackers	Cookies & Milk
Week 2	9	10	11	12	13
<b>Breakfast</b>	<u>Bagels</u> , Juice & Milk	Cereal, Fruit & Milk	Egg Burritos, Juice & Milk	Hot Cereal, Fruit & Milk	Waffles, Juice & Milk
<b>AM Snack</b>	String Cheese & Crackers	Yogurt & Grahams	Fruit & Crackers	Cinnamon Toast & Juice	Grahams & Milk
<b>Lunch</b>	Hamburgers, Salad, Fruit & Milk	Cheese Pizza, Cucumbers w/ Dip, Fruit & Milk	Chili Beans, Carrot Sticks, Corn Bread, Fruit & Milk	Beef-A-Roni, Green Beans, Fruit & Milk	Chicken Sandwich, Carrot Sticks, Fruit & Milk
<b>PM Snack</b>	Fruit & Crackers	Cookies & Milk	WOW Butter & Apples	Vanilla <u>Pudding</u> & Vanilla Wafers	Veggies w/ Dip & Crackers
Week 3	16	17	18	19	20
<b>Breakfast</b>	<b>CLOSED</b>	Egg Burritos, Juice & Milk	Cereal, Fruit & Milk	Bagels, Juice & Milk	Waffles, Fruit & Milk
<b>AM Snack</b>	<b>FOR</b>	Yogurt & Crackers	Cinnamon Biscuits & Milk	Fruit & Crackers	Cheese & Crackers
<b>Lunch</b>	<b>PRESIDENTS</b>	Spaghetti, Corn, Fruit & Milk	Taco Salad, Tortillas, Fruit & Milk	Macaroni~N~Cheese, Salad, Fruit & Milk	Chicken Noodle Soup, Crackers, Fruit & Milk
<b>PM Snack</b>	<b>DAY!!!!</b>	Veggies w/ Dip & Crackers	Cookies & Milk	Fruit & WOW Butter	Muffins & Milk
Week 4	23	24	25	26	27
<b>Breakfast</b>	French Toast Sticks w/ Syrup, Juice & Milk	Cereal, Fruit & Milk	Hot Cereal, Juice & Milk	Egg Burritos, Fruit & Milk	Bagels w/ <u>Strawberry</u> Cream Cheese, Juice & Milk
<b>AM Snack</b>	Cheese & Tortillas	Yogurt & Grahams	Fruit & Crackers	Cinnamon Toast & Juice	Pretzels & Apples
<b>Lunch</b>	BBQ Sandwich, Tatar Tots, Fruit & Milk	Quesadillas, Cucumbers, Fruit & Milk	Frito Pie & Cheese, Salad, Fruit & Milk	Beef Green <u>Chili</u> Stew, Tortillas, Fruit & Milk	Mini Corn Dogs, Cucumbers, Fruit & Milk
<b>PM Snack</b>	<u>Banana</u> Muffins & Milk	<u>Tortilla Chips</u> w/ Salsa & Lemonade	Veggies w/ Dip & Crackers	Fruit & Crackers	Cookies & Milk

Underline words are for Celebration of National Holidays!!!