

# COVENANT SCHOOLS DEL NORTE

## June 2022 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>		<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>Breakfast</b>	<b>Closed</b>	Cereal, Bananas & Milk	Cream Of Wheat & Milk	Toast w/ Jelly & Milk	Cinnamon Rolls and Milk
<b>AM Snack</b>	<b>For</b>	Applesauce & Grahams	Oranges and Grahams	Teddy Grahams	Saltines and Cheese
<b>Lunch</b>	<b>Memorial</b>	Soft Chicken Tacos, Spanish Rice, Fruit & Milk	Broccoli Cheese Soup, Saltines, Apples and Milk	Chicken Pot Pie, Fruit and Milk	Baked Ziti, Garlic Bread, Peas and Milk
<b>PM Snack</b>	<b>Day!</b>	Pretzels & Pears	Trail Mix and Juice	Ambrosia Salad	Goldfish and Fruit
<b>Week 2</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>Breakfast</b>	Oatmeal & Milk	Pancakes, Syrup & Milk	Burritos, Orange Juice & Milk	Cream of Wheat, Bananas & Milk	Cereal and Milk
<b>AM Snack</b>	Tortilla and Cheese	Bananas & Grahams	Yogurt & Apples	Vanilla Wafers & Fruit	Crackers & Sunflower Butter
<b>Lunch</b>	Pizza, Mixed Veggies, Fruit and Milk	Hamburgers, Chips, Carrot Sticks and Milk	Tuna Sandwiches, Chips, Fruit & Milk	Enchiladas, Calabacitas and Milk	Fried Rice, Egg Rolls, Fruit & Milk
<b>PM Snack</b>	Cheerios and Mixed Fruit	Cereal Bars & Milk	Pineapple & animal crackers	Cucumbers & Ranch	Mandarin Oranges & crackers
<b>Week 3</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>Breakfast</b>	Burritos & Milk	Yogurt w/ Granola & Milk	Biscuit with Gravy and Milk	Cereal, Fruit & Milk	Muffins and Milk
<b>AM Snack</b>	Pears & Pretzels	Marshmallows & Pretzels	Chex Mix	Dried Apples & Juice	Fruit & Crackers
<b>Lunch</b>	Sausage, Rice, Black Bean, Corn and Milk	Sloppy Joes, Green Beans, Fruit & Milk	Mac n Cheese, Green Beans, Fruit & Milk	Waffles, Sausage, Fruit & Milk	Ham & Cheese Roll ups, Tater Tots, Fruit & Milk
<b>PM Snack</b>	Tortillas & Cheese	Goldfish & Juice	Celery & Cream Cheese	Watermelon & Grahams	Granola Bars & Milk
<b>Week 4</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>Breakfast</b>	Cereal & Milk	Oatmeal & Milk	Cinnamon Raisin Bagels & Milk	English Muffins & Milk	Cheese Toast & Milk
<b>AM Snack</b>	Fig Newtons	Cantaloupe & Saltines	Goldfish & Apples	Granola Bars & Milk	Cheerios & Fruit
<b>Lunch</b>	Chicken Noodle Soup, Crackers, Oranges & Milk	Taquitos, Spanish Rice, Fruit & Milk	Chicken Patty, Potatoes, Gravy, Corn and Milk	Pasta Salad, Garlic Bread, Fruit & Milk	Spaghetti, Corn, Fruit & Milk
<b>PM Snack</b>	Pineapple & Pretzels	Peaches & Cream	Yogurt	Sidekick Frozen Treat	Townhouse crackers & sunflower butter
<b>Week 5</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
<b>Breakfast</b>	Cereal, Peaches, and Milk	Yogurt & Blueberries	Waffles & Milk	Cereal, Fruit & Milk	<b>Highlighted Items</b>
<b>AM Snack</b>	Applesauce & Grahams	Muffins & Milk	Goldfish & Juice	Mandarin Oranges and Cheeze-Its	<b>Are In</b>
<b>Lunch</b>	Fettuccine Alfredo, Salad, Fruit & Milk	Turkey & Cheese Roll Ups, Chips, Fruit & Milk	Chef Salad, Breadsticks, Fruit & Milk	Pepperoni Bagel Bites, Fruit & Milk	<b>Celebration Of</b>
<b>PM Snack</b>	Strawberries & Animal Crackers	Ice Cream Sandwiches	Watermelon & Saltines	Celery & Cream Cheese	<b>National Days</b>