



COVENANT SCHOOLS DEL NORTE

April 2022 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					1
Breakfast	Highlighted Items				Biscuits w/ Jelly & Milk
AM Snack	Are In				Celery & Sun Butter
Lunch	Celebration Of				Quesadilla, Green Beans, Fruit & Milk
PM Snack	National Days				Chips & Salsa
Week 2	4	5	6	7	8
Breakfast	Hashbrowns & Milk	Toast w/ Jelly & Milk	Cereal, Fruit & Milk	French Toast Sticks & Milk	Yogurt w/ Granola & Milk
AM Snack	Applesauce & Goldfish	Cheese & Crackers	Cinnamon Apples	Bell Peppers & Ranch	Pretzels & Sun Butter
Lunch	Cheesy Potato Soup, Biscuits, Fruit & Milk	Chicken Patty, Mashed Potatoes w/ Gravy, Fruit & Milk	Green Chile Enchiladas, Salad, Fruit & Milk	Tuna Sandwiches, Chips, Fruit & Milk	Minestrone, Saltines, Fruit & Milk
PM Snack	Mixed Fruit	Trail Mix	Granola Bar	Apple & Pretzels	Cucumbers & Ranch
Week 3	11	12	13	14	15
Breakfast	Cinnamon Toast & Milk	Oatmeal & Milk	Waffles, Syrup & Milk	Cereal, Fruit & Milk	Closed
AM Snack	Apples & Sun Butter	Strawberries & Pretzels	Fruit & Crackers	Fig Newton	For
Lunch	Sloppy Joes, Tater Tots, Fruit & Milk	Grilled Cheese, Carrot Sticks, Fruit & Milk	Hamburgers, BBQ Chips, Fruit & Milk	Chili, Cornbread, Fruit & Milk	Good Friday
PM Snack	Veggie Sticks & Ranch	Trail Mix & Juice	Cheeze-its	Cookies & Milk	
Week 4	18	19	20	21	22
Breakfast	Cereal, Orange Juice & Milk	Waffles, Syrup & Milk	Breakfast Burrito & Milk	Cream of Wheat & Milk	Bagel, Cream Cheese & Milk
AM Snack	Fig Newtons	Yogurt & Strawberries	Muffins & Milk	Oranges & Pretzels	Cheerios & Fruit
Lunch	Chicken Nuggets, Fruit, Carrot Sticks & Milk	Zuppa Toscana, Bread Sticks, Fruit & Milk	Nachos, Salad, Fruit & Milk	Tater Tot Casserole, Salad, Fruit & Milk	Turkey Pinwheels, Cucumbers, Fruit & Milk
PM Snack	Animal Crackers & Milk	Trail Mix & Juice	Mozzarella Sticks & Marinara	Pudding & Vanilla Wafers	Chex Mix
Week 5	25	26	27	28	29
Breakfast	Sausage, Tortilla & Milk	Biscuits, Gravy & Milk	Pancakes, Syrup & Milk	Oatmeal, Fruit & Milk	Cereal, Fruit & Milk
AM Snack	Sun Butter & Apples	Bananas & Grahams	Oranges & Animal Cracker	Blueberry Muffins	Cinnamon Toast
Lunch	Chicken Fried Rice, Egg Rolls, Fruit & Milk	Pasta Salad, Breadsticks, Fruit & Milk	Meatballs w/ Gravy, Rice, Fruit & Milk	Taco Salad, Tortilla, Fruit & Milk	Corn Dogs, Baked Beans, Fruit & Milk
PM Snack	Cucumbers & Saltines	Pretzels w/ Nacho Cheese	Chips & Salsa	Celery & Cream Cheese	Animal Crackers

