



COVENANT SCHOOLS DEL NORTE

February 2022 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1		1	2	3	4
Breakfast		Hashbrowns & Milk	Toast, Jelly & Milk	Cereal, Fruit, & Milk	French Toast Sticks & Milk
AM Snack		Apples & Sunflower Butter	Cheese & Crackers	Animal Crackers	Yogurt & Granola
Lunch		Spaghetti, Salad, Fruit & Milk	Tuna Casserole, Salad, Fruit & Milk	Chicken Patty Sandwiches, Mashed Potatoes, Fruit & Milk	Baked Ziti, Breadsticks, Fruit & Milk
PM Snack		Hummus & Veggie Sticks	Granola Bars	Applesauce & Grahams	Celery & Ranch
Week 2	7	8	9	10	11
Breakfast	Bagel, Cream Cheese & Milk	Cream of Wheat & Milk	Pancakes, Bananas & Milk	Yogurt, Fruit & Milk	Cereal, Bananas & Milk
AM Snack	Pretzels & Apples	Fruit & Crackers	Yogurt & Fruit	Apples & Wow Butter	Cinnamon Biscuits
Lunch	Fettuccine Alfredo, Bread Sticks, Fruit & Milk	Cheese Enchiladas, Pinto Beans, Fruit & Milk	Pizza, Salad, Fruit & Milk	Red Beans, Rice, Carrots & Milk	Turkey Sandwiches, Chips, Apples & Milk
PM Snack	Cucumbers & Saltines	Granola Bar	Apples & Goldfish	Goldfish Crackers	Muffins & Milk
Week 3	14	15	16	17	18
Breakfast	Breakfast Burritos & Milk	Sausage, Tortillas & Milk	Cinnamon Toast & Milk	Cereal, Fruit & Milk	Cream of Wheat & Milk
AM Snack	Oranges & TH Crackers	Yogurt and Blueberries	Cheerios & Pineapple	Wow Butter & Pretzels	Apples & String Cheese
Lunch	Mac & Cheese, Peas, Fruit & Milk	Southwestern Chicken Salad, Oranges, & Milk	Chicken Noodle Soup, Saltines, Fruit & Milk	Grilled Cheese, Tomato Soup, Fruit & Milk	Wow Butter & Jelly Sandwiches, Chips & Milk
PM Snack	Mixed Fruit & Graham Crackers	Apples & Pretzels	Cheez It's and Juice	Oatmeal Cookies & Milk	Teddy Grahams
Week 4	21	22	23	24	25
Breakfast	Closed	Waffles, Bananas & Milk	Biscuits, Gravy & Milk	Toast, Jelly & Milk	Cereal & Milk
AM Snack	For	String Cheese & Pretzels	Vanilla Wafers & Applesauce	Apples & Wow Butter	Yogurt & Bananas
Lunch	Presidents	Mini Corn Dogs, Fruit & Milk	Sloppy Joes, Tater Tot, Fruit & Milk	Chili, Cornbread, Fruit & Milk	Spaghetti, Garlic Bread & Milk
PM Snack	Day	Animals Crackers & Milk	Banana Bread & Milk	Graham Crackers & Milk	Tortilla & Cheese
Week 5	28				
Breakfast	Oatmeal, Fruit & Milk			Highlighted	
AM Snack	Animal Cracker & Juice			Items	
Lunch	Potato Soup, Biscuits, Mixed Fruit & Milk			Are In	
PM Snack	Oranges & Grahams			Celebration Of	
				National Days	