

COVENANT SCHOOLS DEL NORTE, L.L.C. June 2021 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	31	1	2	3	4
Breakfast	Closed	Breakfast burrito and Milk	Cereal and Milk	Tortilla with wow butter and Milk	Donuts with applesauce and Milk
AM Snack	For	Biscuits and Jelly	Bagels and Cream Cheese	Granola Bar	Celery with wow butter
Lunch	Memorial	Chicken Patty with gravy, corn, and Milk	Broccoli cheese soup with crackers, apples and Milk	Egg salad Sandwich, with chips, peaches, and Milk	Chicken Enchiladas with beans, and Milk
PM Snack	Day	Fig Newton Bars	Strawberries and Grahams	Dried apples	String Cheese
Week 2	7	8	9	10	11
Breakfast	Pancakes and Milk	Bagels with cream cheese and Milk	Oatmeal, blueberries and Milk	Cereal and Milk	French Toast sticks, and Milk
AM Snack	Cheese and Pretzels	Cheerios and apples	Watermelon & crackers	Cheese its and Juice	Yogurt and Peaches
Lunch	Pizza, peas, pineapple and Milk	Meatballs with marinara, green beans, mandarin oranges and Milk	Stir fry, with eggrolls, and Milk	Fettuccini alfredo, broccoli, garlic bread, and Milk	Chicken nuggets, with corn, fruit and Milk
PM Snack	Cantaloupe and Saltines	Bananas	Rice crispy treats	Pita Chips and hummus	Veggie Straws
Week 3	14	15	16	17	18
Breakfast	Oatmeal and Milk	Yogurt, fruit, and Milk	English Muffins with jelly, and milk	Waffles and Milk	Cereal and Milk
AM Snack	Cheese and Crackers	Pretzel bites	Taquitos	Fresh veggies with ranch	Hummus and Pretzels
Lunch	Scalloped potatoes with ham, peaches, and Milk	Spaghetti, salad, fruit and Milk	Chef salad, crackers, pears and Milk	Turkey wraps, French fries, fruit, and Milk	Tuna casserole w/ veggies ,pineapple & Milk
PM Snack	Teddy Grahams	Oranges and crackers	Alphabet cookies	Fruit Rollups	Goldfish
Week 4	21	22	23	24	25
Breakfast	Pancakes and Milk	Breakfast Burrito and Milk	Cereal, blueberries and Milk	Cinnamon rolls and Milk	Strawberry Yogurt parfaits, and Milk
AM Snack	Triscuit crackers and peaches	Applesauce & elf grahams	Tater tots with ketchup and Juice	Raspberries and animal crackers	Chex Mix
Lunch	Quesadilla, rice, fruit and Milk	Potato soup, with bread sticks, apples, and Milk	Mac and cheese, green beans, fruit and Milk	Sallsbury steak, mashed potatoes, mandarin oranges, and Milk	Grilled Chicken, zucchini, fruit and Milk
PM Snack	Blueberries, and Grahams	Watermelon & rice cakes	Fruit slush cups	Wheat thins	Granola Bars
Week 5	28	29	30		
Breakfast	English Muffins, cream cheese and Milk	Cereal and Milk	Oatmeal, raisins and Milk		
AM Snack	Cheese its		Cheese and Crackers		
Lunch	Turkey sandwiches, tater tots, cucumbers, and Milk	Chicken tacos, beans, rice, and Milk	Pancakes, sausage, and Milk		
PM Snack	Tortilla roll ups	Pudding	Vanilla wafers & applesauce		