

COVENANT SCHOOLS DEL NORTE May 2021 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	3	4	5	6	7
Breakfast	Cereal and Milk	Croissants with Jelly, and Milk	Breakfast Casserole and Milk	Biscuits w/ Jelly, and Milk	Toast, Bananas and Milk
AM Snack	Cinnamon Tortilla Roll Ups	Yogurt and Granola	Granola Bar and Juice	Bagels and Cream Cheese	Cinnamon Apples
Lunch	Spaghetti, Green Beans, Pineapple, and Milk	Pasta Salad, Garlic Bread Sticks, Fresh Fruit, and Milk	Bean Burritos, Spanish Rice, Oranges, and Milk	Mac n Cheese, Peas, Mandarin Oranges, Milk	Hamburgers, Pickles, Chips, and Milk
PM Snack	Apple Crisps	Pretzels and Juice	Watermelon and Crackers	Brownies and Milk	Cheese and Pretzels
Week 2	10	11	12	13	14
Breakfast	Apples, Oatmeal, and Milk	Yogurt, Fruit and Milk	Pancakes w/ Syrup, and Milk	Cereal and Milk	Biscuits and Milk
AM Snack	Cheese Biscuits	Bananas and Cheerios	Watermelon and Saltine Crackers	Blueberry Oatmeal	Peaches and Cream
Lunch	Taco Soup, Tortillas, Fresh Fruit, and Milk	Chicken Noodle Casserole w/ Broccoli, Pears, and Milk	Chicken Salad, Townhouse Crackers, Apples, and Milk	Tortilla Turkey Wraps, Pickles, Chips, and Milk	Mexican Pasta Salad, Cucumbers, Fruit and Milk
PM Snack	Teddy Grahams	Corn Chips and Salsa	Tortilla and Wow Butter	Apple Crisp	Cheese and Crackers
Week 3	17	18	19	20	21
Breakfast	Tortilla, Wow Butter, and Milk	Cereal and Milk	Hash brown, Egg Casserole, and Milk	Bagels w/ Cream Cheese and Milk	French Toast Sticks, and Milk
AM Snack	String Cheese and Pretzels	Turkey and Crackers	String Cheese and Pretzels	Yogurt w/ Fruit	Goldfish and Juice
Lunch	Strawberry Spinach Salad w/ chicken, Crackers, and Milk	Pancakes w/ Syrup, Sausage, and Milk	Beef-A-Roni, Corn, Bread Sticks, and Milk	Chicken and Rice Casserole w/ Veggies, Peaches, and Milk	Spaghetti, Salad, Green Beans, and Milk
PM Snack	Animal Crackers and Milk	Cucumbers and Ranch	Fruit Slush	Applesauce and Grahams	Veggie Sticks and Ranch
Week 4	24	25	26	27	28
Breakfast	Hash Browns and Milk	Coffee Cake, and Milk	Boiled Eggs and Milk	Oatmeal, Fruit, and Milk	Cereal and Milk
AM Snack	Yogurt and Grahams	Apples and Townhouse Crackers	Banana Bread	Oranges and Pretzels	Applesauce and Cheese Itz
Lunch	Frito Pie, Salad, Fruit, Milk	BBQ Chicken Sandwiches, Pickles, Chips, and Milk	Taco Casserole, Spanish Rice, Oranges, & Milk	BLT Pasta Salad, Crackers, Fresh Fruit and Milk	Chicken Noodle Soup, Saltines, Oranges, & Milk
PM Snack	Muffins and Milk	Goldfish and Fruit	Cookies and Milk	Trail Mix and Juice	Wheat Thins and Cheese