## COVENANT SCHOOLS DEL NORTE, L.L.C.

## January 2019

Monday   Tuesday   Wednesday   Thursday	ers Yogurt and Grahams se, Spaghetti w/ Sauce, Milk Broccoli Fruit, Milk and Carrots and Crackers  11 Illy, Pancakes, Fruit, Milk ce Veggie Sticks and Crackers  Milk Chef Salad, breadsticks, fruit, Milk
Breakfast HIGHLIGHTED ITEMS ARE IN CLOSED French Toast Sticks w/ Syrup, Fruit, Milk  AM Snack CELEBRATION OF NATIONAL FOR Bananas and Wow Butter Cheese and Cracket Lunch DAYS!! NEW YEARS Quesadillas, Salad, Fruit, Milk Turkey Grilled Cheese Tomato Soup, Fruit, New Years Pruit and Goldish Animal Crackers are Fruit Toast Sticks w/ Syrup, Fruit, Milk Turkey Grilled Cheese Tomato Soup, Fruit, New Years Pruit and Goldish Animal Crackers are Fruit Toast Sticks w/ Syrup, Fruit, Milk Turkey Grilled Cheese Tomato Soup, Fruit, New Years Pruit and Goldish Animal Crackers are Fruit Toast Sticks w/ Syrup, Fruit, Milk Toast Sticks w/ Syrup, Fruit, Milk Turkey Grilled Cheese Tomato Soup, Fruit, Milk Pruit and Goldish Trait Milk English Muffins w/Je Fruit, Milk Toast Toast Sticks w/ Syrup, Fruit, Milk Trait Milk Sticks w/ Syrup, Fruit, Milk Trait Milk Trait Mix and Juice Pudding and Vanill Pruit, Milk Trait Mix and Juice Pudding and Vanill Pruit, Milk Trait Mix and Juice Pudding and Vanill Pruit Milk Trait Mix and Juice Pudding and Vanill Pruit Milk Trait Mix and Juice Pudding and Vanill Pruit Milk Trait Mix and Juice Pudding and Vanill Pruit Milk Pruit Milk Trait Mix and Juice Pudding and Vanill Pruit Mix And Juice Pudding and Vanill Pruit Mix Pruit Milk Pruit	ers Yogurt and Grahams se, Spaghetti w/ Sauce, Milk Broccoli Fruit, Milk and Carrots and Crackers  11 Illy, Pancakes, Fruit, Milk ce Veggie Sticks and Crackers  Milk Chef Salad, breadsticks, fruit, Milk
Fruit, Milk  AM Snack  CELEBRATION OF NATIONAL  Lunch  DAYS!!  NEW YEARS  DAY  Fruit and Goldish  Fruit and Goldish  Fruit  Week 2  Tomato Soup, Fruit, Milk  Week 2  Tomato Soup, Fruit, Milk  Day  Fruit and Goldish  Fruit  Week 2  Tomato Soup, Fruit, Milk  Cereal, Fruit, Milk  Pruit, Milk  AM Snack  Apples and Pretzels  Cheesy Potato Soup, Crackers, Fruit, Milk  Crackers, Fruit, Milk  PM Snack  Tortillas Jelly Roll Up  Cookies and Milk  Fruit, Milk  Trail Mix and Juice  Fruit, Milk  Trail Mix and Juice  Pudding and Vanill	ers Yogurt and Grahams se, Spaghetti w/ Sauce, Milk Broccoli Fruit, Milk and Carrots and Crackers  11 Illy, Pancakes, Fruit, Milk ce Veggie Sticks and Crackers  Milk Chef Salad, breadsticks, fruit, Milk
Lunch  DAYS!!  NEW YEARS  Quesadillas, Salad, Fruit, Milk  Turkey Grilled Cheer Tomato Soup, Fruit, M  PM Snack  DAY  Fruit and Goldish  Animal Crackers are Fruit  Week 2  7  8  9  10  Breakfast  Bagels w/ jelly, Fruit, Milk  Cereal, Fruit, Milk  Yogurt w/ Granola. Fruit, Milk  English Muffins w/Je Fruit, Milk  AM Snack  Apples and Pretzels  Oranges and Saltines  Tortillas and Wow Butter  Cheeze It's and Juice  Lunch  Cheesy Potato Soup, Crackers, Fruit, Milk  Enchiladas, Green Beans, Fruit, Milk  PM Snack  Tortilla Jelly Roll Up  Cookies and Milk  Trail Mix and Juice  Pudding and Vanill	Se, Spaghetti w/ Sauce, Broccoli Fruit, Milk  nd Carrots and Crackers  11  Illy, Pancakes, Fruit, Milk  ce Veggie Sticks and Crackers  Milk Chef Salad, breadsticks, fruit, Milk
PM Snack  DAY  Fruit and Goldish  Animal Crackers are Fruit  Week 2  7  8  9  10  Breakfast  Bagels w/ jelly, Fruit, Milk  AM Snack  Apples and Pretzels  Crackers, Fruit, Milk  Cheese Beans, Fruit, Milk  PM Snack  Tortilla Jelly Roll Up  Cookies and Milk  Trail Mix and Juice  Tomato Soup, Fruit, Milk  Animal Crackers are Fruit, Milk  Pruit, Milk  Yogurt w/ Granola. Fruit, Milk  Fruit, Milk  Tortillas and Wow Butter  Cheeze It's and Juice  Frito Pie, Corn, Fruit, Milk  Trail Mix and Juice  Pudding and Vanill	Milk  Broccoli Fruit, Milk  Carrots and Crackers  11  Illy, Pancakes, Fruit, Milk  Ce Veggie Sticks and Crackers  Milk  Chef Salad, breadsticks, fruit, Milk
Week 2 7 8 9 10  Breakfast Bagels w/ jelly, Fruit, Milk Cereal, Fruit, Milk Yogurt w/ Granola. Fruit, Milk English Muffins w/Je Fruit, Milk  AM Snack Apples and Pretzels Oranges and Saltines Tortillas and Wow Butter Cheeze It's and Juice  Lunch Cheesy Potato Soup, Crackers, Fruit, Milk English Muffins w/Je Fruit, Milk Hamburgers, Tortillas and Wow Butter Cheeze It's and Juice  Lunch Cheesy Potato Soup, Crackers, Fruit, Milk English Muffins w/Je Fruit, Milk Hamburgers, Tortillas and Wow Butter Cheeze It's and Juice Frito Pie, Corn, Fruit, Milk Milk Trail Mix and Juice Pudding and Vanill	T1  Illy, Pancakes, Fruit, Milk  De Veggie Sticks and Crackers  Milk  Chef Salad, breadsticks, fruit, Milk
BreakfastBagels w/ jelly, Fruit, MilkCereal, Fruit, MilkYogurt w/ Granola. Fruit, MilkEnglish Muffins w/Je Fruit, MilkAM SnackApples and PretzelsOranges and SaltinesTortillas and Wow ButterCheeze It's and JuicLunchCheesy Potato Soup, Crackers, Fruit, MilkChicken and Cheese Enchiladas, Green Beans, Fruit, MilkHamburgers, Tator Tots, Pickles, MilkFrito Pie, Corn, Fruit, MilkPM SnackTortilla Jelly Roll UpCookies and MilkTrail Mix and JuicePudding and Vanill	Illy, Pancakes, Fruit, Milk  Ce Veggie Sticks and Crackers  Milk Chef Salad, breadsticks, fruit, Milk
AM Snack Apples and Pretzels Oranges and Saltines Tortillas and Wow Butter Cheeze It's and Juice  Lunch Cheesy Potato Soup, Crackers, Fruit, Milk Enchiladas, Green Beans, Fruit, Milk  PM Snack Tortilla Jelly Roll Up Cookies and Milk Trail Mix and Juice Pudding and Vanill	ce Veggie Sticks and Crackers  Milk Chef Salad, breadsticks, fruit, Milk
Lunch Cheesy Potato Soup, Crackers, Fruit, Milk Enchiladas, Green Beans, Fruit, Milk Fruit, Milk Fruit, Milk Trail Mix and Juice Pudding and Vanill	Crackers  Milk Chef Salad, breadsticks, fruit, Milk
Crackers, Fruit, Milk Enchiladas, Green Beans, Fruit, Milk  PM Snack Tortilla Jelly Roll Up Cookies and Milk Trail Mix and Juice Pudding and Vanill	fruit, Milk
Wafers	Cheerios and Pineapple
Week 3 14 15 16 17	18
Breakfast Cereal, Fruit, Milk Cream of Wheat, Juice, Milk Waffles, Fruit, Milk Pancakes, Fruit, Mi	lk Cinnamon Toast, Juice, Milk
AM Snack String Cheese and Crackers Fruit and Pretzels Goldfish and Fruit Yogurt and Granol	a Tortillas and Wow Butter
Lunch Chicken Tacos, Spanish Rice, Fruit, Milk Chicken Nuggets, Green Broccoli Soup, crackers, Fruit, Milk Milk Milk Rice, Fruit, Milk	y, Chicken Salad Sandwiches, chips, Fruit, Milk
PM Snack Trail Mix and Juice Jell-O w/ Fruit and Crackers Veggie Sticks w/ Ranch, rice Chocolate Chip Muff	fins Animal crackers and Fruit
Week 4 21 22 23 24	25
Breakfast CLOSED Egg Bites, Juice, Milk Cereal, Fruit, Milk Bagels w/ Cream Cheese, Fruit, Milk	
AM Snack FOR Alphabet Crackers and Milk Granola Bars and Juice String Cheese and Form	ruit Cream Cheese and Crackers
Lunch MLK Taco Tostada Casserole, Corn, Fruit and Milk Wow Butter and Jelly Scalloped Potatoes Sandwiches, Cucumbers, Fruit, Milk Milk	
PM Snack DAY Applesauce and TH Banana Bread and Milk Veggie Sticks w/ Rar Crackers	Pudding w/ Graham Crackers
Week 5 28 29 30 31	
Breakfast Blueberry Pancakes, Milk Cereal, Fruit, Milk Cream of Wheat, Juice, Milk Bagels w/ Jelly, Fruit, Milk	it,
AM Snack Applesauce, Animal Cinnamon Bread and Milk Cheese and Crackers Cinnamon Apples a Crackers Milk	nd
LunchSloppy Joes, Carrot sticks, Fruit, MilkChicken Noodle Soup, Crackers, Fruit, MilkMacaroni n Cheese, Peas, Salad, MilkBean Burritos, Hasbrowns, Fruit, M	ilk
PM Snack         Tortillas and Cheese         Apples and Wow Butter         Trail Mix and Juice         String Cheese and Crackers	1