



COVENANT SCHOOLS DEL NORTE, L.L.C. May 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	V	1	2	3	4
Breakfast		Cereal, Oranges, Milk	Cinnamon Toast, Yogurt & Milk	Oatmeal, Apples & Milk	Waffles w/ WOW Butter, Fruit & Milk
AM Snack		Bananas & Crackers	String Cheese & Apples	Bananas & Grahams	Tortillas & Orange Juice
Lunch		Turkey Sandwiches, Chips,	Chicken Noodle Soup,	Chicken Nuggets, Green Beans,	Frito Pie, Corn, Applesauce & Milk
PM Snack		Pickles, Carrots & Milk Chocolate Pudding & Wafers	Breadsticks, Oranges & Milk Cucumbers w/ Ranch & Crackers	Pineapple & Milk Jello w/Fruit & Crackers	Cheese & Crackers
Week 2	7	8	Q Cucumbers w realien & Crackers	10	11
Breakfast	Yogurt w/ Granola, Bananas & Milk	Cereal, Fruit & Milk	Cream of Wheat, Peaches & Milk	French Toast Sticks, Applesauce & Milk	Biscuits w/Jelly, Fruit & Milk
AM Snack	Cheeze Its & Apples	Watermelon & Crackers	Tortillas & Jelly	Goldfish & Juice	Applesauce & Grahams
Lunch	Chicken Stir Fry w/Veggies, Mandarin Oranges & Milk	Mini Corn Dogs, Baked Beans, Salad & Milk	Mac & Cheese, Green Beans, Apples & Milk	Fish Sticks, Carrots, Oranges & Milk	Bean Burritos w/ Salsa, Spanish Rice & Milk
PM Snack	Celery & WOW Butter	Chips & Salsa	Carrots w/ Ranch Dressing & Crackers	Banana Bread & Milk	Trail Mix & Juice
Week 3	14	15	16	17	18
Breakfast	Bagels w/Cream Cheese, Fruit & Milk	Waffles, Oranges & Milk	Oatmeal, Blueberries & Milk	Cereal, Fruit & Milk	Egg Burritos, Fruit & Milk
AM Snack	Strawberries & Crackers	WOW Butter & Crackers	Pretzels & Juice	Oranges & Saltines	Cinnamon Toast & Apples
Lunch	Meatballs w/Gravy, Rice, Broccoli & Milk	Chef Salad, Breadsticks, Apples & Milk	Ham Sandwiches, Mixed Veggies, Pickles & Milk	Chicken Alfredo, Broccoli, Pineapples & Milk	Pizza, Carrot Sticks, Fruit & Milk
PM Snack	Applesauce & Animal Crackers	Chocolate Chip Cookies & Milk	Fruit Cocktail & Grahams	Goldfish & juice	Turkey Roll-Ups & Milk
Week 4	21	22	23	24	25
Breakfast	Biscuits & Gravy, Fruit & Milk	Yogurt w/Fruit & Milk	Cinnamon Toast, Bananas & Milk	Cereal w/ Oranges & Milk	Oatmeal, Fruit & Milk
AM Snack	String Cheese & Apples	WOW Butter & Tortillas	Oranges & Pretzels	Bananas & Grahams	Fruit & Crackers
Lunch	Grilled Cheese, Chips & Pickles, Corn & Milk	Spaghetti, Green Beans, Fruit & Milk	Chicken Tacos, Lettuce, Tomato, Pinto Beans & Milk	Quésadillas, Veggies, Spanish Rice & Milk	Hamburgers, Lettuce, Tomatoes, Tatar Tots & Milk
PM Snack	Trail Mix & Juice	Vanilla Pudding & Graham Crackers	Goldfish & Apples	Cucumbers w/Ranch & Crackers	Tortillas & Cheese
Week 5	28	29	30	31	
Breakfast	NO SCHOOL	Waffles, Fruit & Milk	Scrambled Eggs, Oranges & Milk	Cream of Wheat, Fruit & Milk	
AM Snack		Yogurt & Granola	Bananas & WOW Butter	Applesauce & Cheeze Its	
Lunch	MEMORIAL DAY!!	Chicken Salad Sandwiches, Celery, French Fries & Milk	Scalloped Potatoes, Broccoli, Pears & Milk	Ham & Cheese Roll Ups, Cucumbers, Carrots & Milk	
PM Snack		Apples & Goldfish	Trail Mix & Juice	Cheese Toast & Fruit	