



Covenant Schools of Rio Rancho-April 2018 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	2	3	4	5	6
Breakfast	Blueberry Oatmeal and Milk	French Toast Sticks, Oranges, & Milk	Cereal, Bananas, & Milk	Bagels, Jelly, & Milk	Breakfast Casserole, Mangos, & Milk
AM Snack	Goldfish & Juice	Tortillas & Cheese	Oranges & Animal Crackers	Yogurt & Blueberries	Celery & Ranch
LUNCH	Mini Pepperoni Pizzas, Pineapples, & Milk	Hamburger Vegetable Soup with Rice, Peaches, & Milk	Teriyaki Beef, Broccoli, Rice, Pineapple, & Milk	Bean & Cheese Burritos , Corn, Oranges, & Milk	Ham & Cheese Sandwiches, Pickles, Peaches, & Milk
PM Snack	Bananas & Vanilla Wafers	Oreos & Milk	Grahams & Chocolate Pudding	Carrot Sticks & Saltines	Goldfish & Juice
WEEK 2	9	10	11	12	13
Breakfast	Ham & Cheese Egg Cups, Oranges, & Milk	Cream of Wheat, Mangos, & Milk	Cereal, Bananas, & Milk	Biscuits, Jelly, & Milk	Blueberry Muffins & Milk
AM Snack	Applesauce & String Cheese	Animal Crackers & Juice	Sliced Oranges & Pretzels	Strawberry Yogurt & Crackers	Cucumbers & Ranch
LUNCH	Taco Salad with Beef, Beans, Cheese, Lettuce, & Tomatoes, Mangos, & Milk	Chicken Alfredo, Salad, Peaches, & Milk	Chicken Noodle Soup with Vegetables, Saltines, Pineapple, & Milk	Turkey & Cheese Sandwiches, Pretzels, Pickles, Peaches, & Milk	Quesadillas, Baked Beans, Mangos, & Milk
PM Snack	Bananas & Vanilla Wafers	Jell-O with Fruit	Banana Bread & Juice	Celery & Wow! Butter	Apricots & Vanilla Wafers
WEEK 3	16	17	18	19	20
Breakfast	Turkey & Spinach Egg Cups, Bananas, & Milk	English Muffins, Jelly, & Milk	Cereal, Bananas, & Milk	Pancakes, Blueberries, & Milk	Strawberry Oatmeal & Milk
AM Snack	Sliced Cheese & Apples	Goldfish & Juice	Animal Crackers & Juice	Ham & Cheese with Crackers	Carrot Sticks & Ranch
LUNCH	Chicken Nuggets, Mashed Potatoes, Peaches, & Milk	Italian Pasta Salad with Tomatoes, Spinach, Ham, Mangos, & Milk	Cheesy Potato Soup with Ham, Oranges, & Milk	Sloppy Joes, Chips, Pickles, Apricots, & Milk	Spaghetti with Meat Sauce, Salad, Oranges, & Milk
PM Snack	Yogurt & Blueberries	Banana Pudding & Wafers	Sliced Apples & Cheese Cubes	Applesauce & Grahams	Pudding & Animal Crackers
WEEK 4	23	24	25	26	27
Breakfast	Waffles, Bananas, & Milk	Cereal, Bananas, & Milk	Blueberry Muffins & Milk	Biscuits, Jelly, & Milk	Cinnamon Toast, Bananas, & Milk
AM Snack	Applesauce & Pretzels	Cheese Cubes & Saltines	Sliced Oranges & Crackers	Cheese & Crackers	Cucumbers & Saltines
LUNCH	Macaroni & Cheese with Peas, Oranges, & Milk	Chef Salad with Ham, Cheese, & Croutons, Apricots, & Milk	Green Chile Chicken Stew, Tortillas, Mangos, & Milk	Chicken & Rice Casserole with Green Beans, Peaches, & Milk	Cheesy Broccoli Soup with Chicken & Rice, Pineapple, & Milk
PM Snack	Jell-O with Fruit	Sliced Apples & Grahams	Pretzels & Cheese	Celery & Wow! Butter	Brownies & Milk
WEEK 5	30				
Breakfast	Ham & Cheese Egg Cups, Oranges, & Milk			National Holidays:	
AM Snack	Bananas & Grahams			5th: Burrito Day	
LUNCH	Meatballs with Gravy, Mashed Potatoes, Peaches, & Milk			18th: Animal Crackers Day	
PM Snack	Oatmeal Cookies & Milk			30th: Oatmeal Cookie Day	