



Covenant Schools of Rio Rancho March 2018



	Monday	Tuesday	Wednesday	Thursday	Friday
	National Holidays 6 th - Oreo Day 9 th - Meatball Day 14 th - Potato Chip Day 20 th - Ravioli Day			1	2
Breakfast				Bagels, Jelly & Milk	Blueberry Muffins & Milk
AM Snack				Carrot Sticks & Ranch	Goldfish & Juice
LUNCH				Turkey Sandwiches, Chips, Pickles, Pineapple & Milk	Penne Pasta Bake, Salad, Peaches & Milk
PM Snack				Celery & Wow! Butter	Bananas & Vanilla Wafers
WEEK 2	5	6	7	8	9
Breakfast	Blueberry Oatmeal & Milk	Biscuits, Jelly & Milk	Cereal, Bananas & Milk	Banana Bread & Milk	Cream of Wheat, Oranges & Milk
AM Snack	Cheese & Tortillas	Bananas & Animal Crackers	Pretzels & Juice	Yogurt & Animal Crackers	Carrots & Ranch
LUNCH	Ham & Cheese Sandwiches, Pickles, Chips, Peaches & Milk	Green Chile Chicken Stew, Tortillas, Pineapple & Milk	Macaroni & Cheese, Peas, Peaches & Milk	Taco Lasagna, Salad, Pineapple & Milk	Meatballs w/Gravy, Mashed Potatoes, Peaches & Milk
PM Snack	Applesauce & Grahams	Oreos & Milk	Oranges & Goldfish	Cucumbers & Saltines	Banana Pudding & Grahams
WEEK 3	12	13	14	15	16
Breakfast	Cereal, Bananas & Milk	Waffles, Oranges & Milk	English Muffins, Jelly & Milk	Strawberry Oatmeal & Milk	Breakfast Casserole, Bananas & Milk
AM Snack	Sliced Oranges & Pretzels	Goldfish & Juice	Pretzels & Cheese Cubes	Yogurt & Blueberries	Cucumbers & Ranch
LUNCH	Chef Salad w/Ham, Cheese & Croutons, Peaches & Milk	Chicken Noodle Soup w/Veggies, Saltines, Pineapple & Milk	Sloppy Joes, Pickles, Peaches, Milk & Potato Chips	Italian Pasta Salad w/Ham, Spinach, Tomatoes & Parmesan Cheese, Oranges & Milk	Teriyaki Chicken & Rice, Broccoli, Pineapple & Milk
PM Snack	Sliced Apples & Grahams	Jell-O w/Fruit	Grahams & Pudding	Celery & Wow! Butter	Bananas & Vanilla Wafers
WEEK 4	19	20	21	22	23
Breakfast	Ham & Cheese Egg Cups, Bananas & Milk	Blueberry Muffins & Milk	Cereal, Bananas & Milk	Waffles, Oranges & Milk	Pancakes, Bananas & Milk
AM Snack	Tortillas & Cheese	Bananas & Animal Crackers	Pretzels & Oranges	Yogurt & Animal Crackers	Carrots & Saltines
LUNCH	Tomato Soup w/Chicken & Noodles, Saltines, Peaches & Milk	Cheese Ravioli in Marinara Sauce, Salad, Pineapple & Milk	Chicken Nuggets, Mashed Potatoes, Apricots & Milk	Hamburger Tater Tot Casserole w/Mixed Veggies, Peaches & Milk	Frito Pie w/Chili, Corn Chips, Lettuce, Sour cream, Pineapple & Milk
PM Snack	Goldfish & Juice	Jell-O w/ Fruit	String Cheese & Apples	Cucumbers & Saltines	Applesauce & Animal Crackers
WEEK 5	26	27	28	29	30
Breakfast	Turkey & Spinach Egg Cups, Oranges & Milk	Biscuits w/Jelly & Milk	Cereal, Bananas & Milk	Bagels w/Jelly & Grahams	Closed For Good Friday!
AM Snack	Bananas & Grahams	Cheese & Crackers	Sliced Oranges & Grahams	Strawberry Yogurt & Grahams	
LUNCH	Spaghetti w/Meat sauce, Salad, Pineapple & Milk	Chicken & Rice Casserole w/Green Beans, Peaches & Milk	Cheesy Broccoli Soup w/Chicken & Rice, Saltines, Oranges & Milk	Hamburgers, Pickles, Chips, Pineapple & Milk	
PM Snack	Sliced Apples & Wow! Butter	Animal Crackers & Juice	Apple Sauce & Pretzels	Celery & Wow! Butter	