



Covenant Schools of Rio Rancho- May



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	2	3	4	5	6
Breakfast	Cinnamon Toast, Bananas & Milk	Cranberry Oatmeal & Milk	Cereal, Bananas & Milk	Breakfast Casserole, Oranges & Milk	Bagels w/Jelly & Milk
AM Snack	Oranges & Animal Crackers	Cheese & Apple Slices	**Orange Juice & Pretzels	Carrot Sticks & Ranch	Celery & Wow! Butter
LUNCH	Chicken Noodle Soup, w/Veggies, Peaches & Milk	Hamburgers, Kettle Chips, Pickles, Pineapple & Milk	Hamburger Rice Casserole w/Veggies, Oranges & Milk	**Ham & Cheese Hoagie's , Salad, Peaches & Milk	Mac N Cheese, Peas, Oranges & Milk
PM Snack	Applesauce & Crackers	Jello w/Fruit	Yogurt & Graham Crackers	Goldfish & Juice	Bananas & Ice Cream
WEEK 2	9	10	11	12	13
Breakfast	Waffles, Bananas & Milk	Cinnamon Toast, Peaches & Milk	Cereal, Bananas & Milk	Strawberry Oatmeal & Milk	English Muffins, Jelly & Milk
AM Snack	Pretzels & Cheese	Graham Crackers & Juice	Celery w/Wow! Butter	Cucumbers & Ranch	Oranges & Crackers
LUNCH	Chicken & Rice Casserole w/Broccoli, Oranges & Milk	Cheesy Potato Soup w/Ham, Peaches & Milk	Mini Pizzas, Salad, Pineapple & Milk	Turkey Sandwiches, Pickles, Carrot Sticks, Peaches & Milk	Chef Salad w/Ham & **Croutons , Pears & Milk
PM Snack	Fruit & Graham Crackers	Rice Krispie Treats & Milk	Trail Mix & Juice	Yogurt & Blueberries	**Fruit Cocktail & Crackers
WEEK 3	16	17	18	19	20
Breakfast	Cream of Wheat, Oranges & Milk	English Muffins, Jelly & Milk	Cereal, Bananas & Milk	Blueberry Oatmeal & Milk	Biscuits w/Jelly & Milk
AM Snack	Oranges & Graham Crackers	Tortillas & Cheese	Animal Crackers & Juice	Cucumbers & Ranch	Celery & Wow! Butter
LUNCH	Teriyaki Chicken, Rice, Broccoli, Pineapple & Milk	Hamburger Vegetable Soup, Crackers, Peaches & Milk	Ham & Cheese Sandwiches, Pickles, Oranges & Milk	Chicken Alfredo, Salad, Pineapple & Milk	Chicken Tator Tot Casserole, Vegetables, Peaches & Milk
PM Snack	Trail Mix & Juice	Chocolate Pudding & Pretzels	Cornbread & Jelly	Honeydew & Saltines	Brownies & Milk
WEEK 4	23	24	25	26	27
Breakfast	Bagels w/Jelly & Milk	French Toast Sticks, Oranges & Milk	Cereal, Bananas & Milk	Cranberry Oatmeal & Milk	Cream of Wheat, Oranges & Milk
AM Snack	Celery w/Wow! Butter	Yogurt & Blueberries	Tortillas & Cheese	Carrot Sticks & Ranch	Watermelon & Saltines
LUNCH	Sloppy Joes, Pickles, Chips, Peaches & Milk	Red Chile Chicken Enchiladas, Corn, Pears & Milk	Spaghetti w/Meat Sauce, Salad, Peaches & Milk	Chicken Nuggets, Mixed Veggies, Pineapples & Milk	Cheesy Chicken Broccoli & Rice Soup, Peaches & Milk
PM Snack	Applesauce & Saltines	Ham & Cheese Cracker Sandwiches	Strawberry Yogurt & Graham Crackers	Oranges & Crackers	Yogurt & Graham Crackers
WEEK 5	30	31	The Following Days are National Holidays May 4 th - Orange Juice Day May 5 th - Hoagie Day May 13 th -Crouton Day May 13 th - Fruit Cocktail		
Breakfast	Closed For	Cinnamon Toast, Oranges & Milk			
	Memorial Day!	Chips & Salsa			
LUNCH		Frito Pie, Corn, Pineapple & Milk			
PM Snack		Apples & Cheese			