



COVENANT SCHOOLS DEL NORTE, L.L.C.

December 2015 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1		1	2	3	4
Breakfast		Hot Cereal, Fruit & Milk	Bagels w/ Cream Cheese, Juice & Milk	Pancakes w/ Syrup, Fruit & Milk	Cereal, Juice & Milk
AM Snack		Fruit & Crackers	Banana & Grahams	Yogurt & Goldfish	Cheese & Crackers
Lunch		Tomato Soup, Cheese Sandwiches, Fruit, Milk	Bean Burritos, Salad, Fruit & Milk	Potato Soup w/ Cheese, Fruit, Biscuits & Milk	BBQ Chicken Sandwich, Tater Tots, Fruit & Milk
PM Snack		Trail Mix & Juice	Muffins & Milk	Veggie Sticks & Saltines	Apples w/ WOW Butter
Week 2	7	8	9	10	11
Breakfast	Waffles w/ Syrup, Juice & Milk	Cereal, Fruit & Milk	Egg Burritos, Juice & Milk	Bagels w/ Cream Cheese, Juice & Milk	Hot Cereal, Fruit & Milk
AM Snack	Apples & Goldfish	Yogurt & Grahams	Cheese & Crackers	Apples w/ WOW Butter	Cheezes Its & Fruit
Lunch	Oriental Chicken, Veggies & Rice, Fruit & Milk	Quesadillas, Cucumbers, Fruit & Milk	Chicken Noodle Soup, Crackers, Fruit & Milk	Spaghetti w/ Meat Sauce, Salad, Fruit & Milk	Broccoli Cheese Soup, Fruit, Cornbread & Milk
PM Snack	Pudding & Vanilla Wafers	Mixed Fruit w/ Jell-O	Applesauce & Crackers	Trail Mix & Juice	Cookies & Milk
Week 3	14	15	16	17	18
Breakfast	Egg Burritos, Juice & Milk	Hot Cereal, Fruit, & Milk	Pancakes, Juice & Milk	Cereal, Fruit & Milk	Bagels w/ Cream Cheese, Juice & Milk
AM Snack	Cheese & Crackers	Fruit & Crackers	Cinnamon Toast & Fruit	Yogurt & Goldfish Crackers	Fruit & Crackers
Lunch	Fish Filets, Green Beans, Bread & Milk	Spanish Rice & Beef, Corn, Fruit & Milk	Macaroni & Cheese, Salad, Fruit & Milk	Chicken & Potato Stew, Fruit, Bread & Milk	Hamburgers, Tomato, Fruit & Milk
PM Snack	Trail Mix & Juice	Muffins & Milk	Veggie Sticks w/ Dip & Saltines	Fruit & Crackers	Tortillas w/ Jelly & Milk
Week 4	21	22	23	24	25
Breakfast	French Toast Sticks w/ Syrup, Juice & Milk	Waffles, Fruit & Milk	Cereal, Juice & Milk	CLOSED	CLOSED
AM Snack	Cheese & Pretzels	Yogurt & Grahams	Tortillas w/ Raspberry Cream Cheese & Milk	FOR	FOR
Lunch	Mini Corndogs, Carrots Sticks, Fruit & Milk	Chicken, Mashed Potatoes, Fruit, Milk	Frito Pies, Salad w/ Ranch, Fruit & Milk	CHRISTMAS	CHRISTMAS
PM Snack	Fruit & Crackers	Trail Mix & Juice	Grahams Crackers & Milk	BREAK!!!	BREAK!!!
Week 5	28	29	30	31	1
Breakfast	Egg Burritos, Juice & Milk	Hot Cereal, Fruit & Milk	French Toast Sticks w/ Syrup, Juice & Milk	Cereal, Fruit & Milk	CLOSED
AM Snack	Apple Sauce & TH Crackers	Pretzels & String Cheese	Saltines & Oranges	Apples & Grahams	FOR
Lunch	Cheese Pizza, Veggie Sticks w/ Ranch, Fruit & Milk	Chili Beans, Cornbread, Fruit & Milk	Beef & Potato Casserole, Fruit & Milk	WOW Butter & Jelly Sandwiches, Veggies Sticks & Milk	NEW YEAR'S
PM Snack	Trail Mix & Juice	Mixed Fruit w/ Jell-O	Cookies & Milk	Pudding & Vanilla Wafers	DAY!!!