



Covenant Schools of Rio Rancho

February 2015 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	2	3	4	5	6
Breakfast	Cinnamon Toast, Peaches, & Milk	Cream of Wheat, Mixed Fruit, & Milk	Waffles, Peaches, & Milk	Cereal, Bananas, & Milk	Cheesy Scrambled Eggs, Tortillas, Peaches & Milk
AM Snack	Vanilla Wafers & Milk	Sliced Cheese & Tortillas	Fruit Salad & Crackers	Jell-O & Mandarin Oranges	Cucumbers & Ranch
LUNCH	Bean & Cheese Burritos, Pineapples, Peas, & Milk	Chicken & Rice Casserole with Veggies, Peaches, & Milk	Chicken Soup with Veggies, Bread, Pears, & Milk	Grilled Cheese & Tomato Soup, Pineapples, & Milk	Chicken Caesar Salad, Garlic Bread, Pears, & Milk
PM Snack	Pretzels & Juice	Jelly Roll Ups	Graham Crackers & Wow! Butter	Goldfish & Juice	Mandarin Oranges & Saltines
WEEK 2	9	10	11	12	13
Breakfast	Biscuits, Jelly, & Milk	Cream of Wheat, Bananas, & Milk	Hot Oatmeal, Mixed Fruit, & Milk	Cereal, Bananas, & Milk	English Muffins, Jelly, & Milk
AM Snack	Animal Crackers & Milk	Crackers & Cheese	Sliced Oranges & Animal Crackers	Applesauce & Pretzels	Bananas & Vanilla Wafers
LUNCH	Teriyaki Chicken, Broccoli, Peaches, & Milk	Cheesy Scalloped Potatoes with Ham, Pears, & Milk	Turkey Sandwiches, Chips, Peaches, & Milk	Chicken Enchiladas, Green Beans, Pears, & Milk	Chef Salad, Bread, Mixed Fruit, & Milk
PM Snack	Pretzels & Cheese	Trail Mix & Milk	Yogurt & Graham Crackers	Celery & Ranch	Jell-O Cake
WEEK 3	16	17	18	19	20
Breakfast	Closed	Hot Oatmeal, Peaches, & Milk	Biscuits, Jelly, & Milk	Cereal, Bananas, & Milk	Cinnamon Toast, Peaches, & Milk
AM Snack	For	Yogurt & Grahams	Cinnamon Roll-Ups	Pretzels & Oranges	Tortillas & Cheese
LUNCH	President's	Beef-a-roni, Green Beans, Pears, & Milk	Roast Beef Sandwiches, Chips, Peaches, & Milk	Cheesy Potato Soup, Pineapples, & Milk	Chicken Alfredo, Pears, Peas, & Milk
PM Snack	Day!	Bananas & Chocolate Pudding	Blueberry Cake & Milk	Vanilla Wafers & Yogurt	Brownies & Milk
WEEK 4	23	24	25	26	27
Breakfast	Biscuits with Gravy, Peaches, & Milk	Cinnamon Toast, Mixed Fruit, & Milk	Cream of Wheat, Peaches, & Milk	Cereal, Bananas, & Milk	Waffles, Mixed Fruit, & Milk
AM Snack	Cucumbers & Ranch	Cheese & Crackers	Jell-O & Fruit	Goldfish & Juice	Fruit & Crackers
LUNCH	Hamburgers, Pickles, Peaches, & Milk	Chile Cheese Tater Tot Casserole, Pears, & Milk	Chicken Nuggets, Corn, Pineapples, & Milk	Tomato & Rice Soup, Crackers, Pears, & Milk	Macaroni & Cheese, Peas, Peaches, & Milk
PM Snack	Pretzels & Marshmallows	Trail Mix & Milk	Corn Bread & Milk	Vanilla Pudding & Wafers	Yellow Cake & Milk