

Covenant Schools of Rio Rancho

February 2012 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1			1	2	3
Breakfast			Cereal, Bananas, & Milk	English Muffins w/ Jelly, Pears, & Milk	Cinnamon Toast, Applesauce, & Milk
AM Snack			Strawberry Yogurt	Corn Bread	J-ello w/ Whipped Cream
LUNCH			Roast Beef Sandwiches, Chips, Pickles, & Milk	Quesadillas, Green Beans, Fruit Cocktail, & Milk	Chicken Noodle Alfredo, Peas, Peaches, & Milk
PM Snack			Pretzels & Juice	Trail Mix	Pumpkin Bread
WEEK 2	6	7	8	9	10
Breakfast	Hot Oatmeal, Peaches, Milk	Waffles, Pineapples, & Milk	Bagels w/ Cream Cheese & Jelly and Milk	Biscuits, Mandarin Oranges, & Milk	Cereal, Bananas, & Milk
AM Snack	Vanilla Wafers	Cheese Nips & Juice	Cheese & Saltines	Cup of Fruit	Townhouse Crackers & Oranges
LUNCH	Turkey Soup, Pears, Crackers, & Milk	Hamburgers, Baked Beans, Pickles, & Milk	Penne Pasta w/ Marinara Sauce, Green Beans, Pineapples, & Milk	Chicken Scalloped Potatoes, Corn, Applesauce, & Milk	Cheesy Potato Soup, Bread, Peaches, & Milk
PM Snack	Brownies & Milk	Cinnamon Apples	Banana Pudding	Cookies & Milk	Pound Cake
WEEK 3	13	14	15	16	17
Breakfast	English Muffins w/ Jelly & Milk	Cinnamon Toast, Pears, & Milk	Cream of Wheat, Peaches, & Milk	French Toast, Pineapples, & Milk	Bagels w/ Jelly & Milk
AM Snack	Cucumber w/ Ranch	Cantaloupe	Banana Bread	Goldfish Crackers & Juice	Oranges & Apples
LUNCH	Chicken Nuggets, Mixed Veggies, Peaches, & Milk	Beef-A-Roni, Green Beans, Fruit Cocktail, & Milk	Tomato/Rice Soup & Turkey Sandwiches, Mandarin Oranges, & Milk	Grilled Cheese, Chips, Pickles, Pears, & Milk	Beef Noodle Casserole, Peas, Peaches, & Milk
PM Snack	Lemon Cake	Blueberry Muffins	Animal Crackers & Milk	White Cake	Vanilla Pudding
WEEK 4	20	21	22	23	24
Breakfast	Closed	Cereal, Bananas, & Milk	Waffles, Oranges, & Milk	Hot Oatmeal, Pears, & Milk	Scrambled Eggs, Toast, & Milk
AM Snack	For	Fruit w/ Whipped Cream	Pretzels & Juice	Celery w/ Ranch	Animal Crackers & Milk
LUNCH	Presidents'	Fish Sticks, Mashed Potatoes, Salad, & Milk	Vegetable Soup w/ Pasta, Crackers, Pears, & Milk	Frito Pie, Corn, Fruit Cocktail, & Milk	Mini Pizzas, Salad, Pineapples, & Milk
PM Snack	Day!!!	Vanilla Yogurt	Zucchini Bread	J-ello w/ Fruit	Chocolate Cake & Milk
WEEK 5	27	28	29		
Breakfast	Cinnamon Toast, Apples, & Milk	Pancakes, Pineapples, & Milk	Cereal, Bananas, & Milk		
AM Snack	Peaches w/ Marshmallows	Trail Mix	Graham Crackers		
LUNCH	Spaghetti, Bread, Peaches, & Milk	Bean & Cheese Burritos, Spanish Rice, Pineapples, & Milk	Mac & Cheese, Tater Tots, Pickles, & Milk		
PM Snack	Chocolate Pudding	Yellow Cake & Milk	Rice Pudding		